

IRB #11099 PI: Jonathan Purnell, M.D. 3181 S.W. Sam Jackson Park Rd., Portland, OR 97239

Pregnancy research study based at Columbia Memorial Hospital

# Participation MAY include NUTRITION & HEALTHY COOKING during your pregnancy.



Dr. Jonathan Purnell, MD is conducting a study at Columbia Memorial Hospital to learn more about how receiving nutritional advice during pregnancy affects your food choices and your baby's growth.

Participation will last up to 6 months after you deliver your baby, and could involve up to 18 visits.

Participants will be compensated up to \$85

You may be eligible to be in this study if:

- You are at least 18 years old You are generally healthy
- Are in weeks 6-20 of pregnancy
- You plan on delivering at Columbia Memorial Hospital
- You are fluent in English

**For more information, contact** study coordinator: Wendy D'Agostino

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