



North Coast Food Web

*Cultivating healthy communities
and a vibrant economy through food & agriculture*

FRESH CORN SALSA

1 cup fresh-off-the-cob corn kernels
1 vine-ripened tomato, seeded and diced However many Jalapeños you want, diced 1
avocado, peeled, seeded and diced
2 tablespoons fresh squeezed lime juice
1 Tablespoon fresh Cilantro, chopped
Salt to taste

Toss everything together and enjoy right away

Recipe courtesy of Merianne Myers/North Coast Food Web